

A NENTHEAD MINES

Go underground at Nenthead Mines. Our volunteer mine guides take you on a fascinating trip into an old lead and zinc mine. Hear about how the miners made the tunnels, see how they used candles, get hold of a rock drill, and enjoy the minerals that glow in the dark.

On our Open Days, you can enjoy our home-made cakes, hot drinks and look at our displays of rocks, pictures and old miners' tools. Book your mine visit via our website. You can also walk around our valley on any day. If you want to know more, email us at bookings@nentheadmines.com.



nentheadmines.com



CA9 3NP

B HIGH MILL

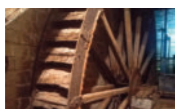
An 18th century corn mill designed by the renowned engineer John Smeaton. The building, along with the adjoining factory, is currently being restored to create a vibrant arts and trades hub alongside a heritage centre.

Visitors can explore the mill's history through exhibitions, a walk-through wheelhouse and the reinstatement of historic milling machinery. High Mill will be open during Heritage Open Days in September, offering a chance to see the restoration work and learn more about the site's remarkable engineering heritage.

Volunteering opportunities are available throughout the year for anyone interested in heritage, traditional skills or community projects.



highmillalston.co.uk



CA9 3HS

C ALSTON MOOR HISTORICAL SOCIETY

The story of Alston Moor is filled with Romans, miners, farmers, poets, artists, musicians and the lives of everyday people who have created our unique area.

Based in Alston Town Hall we run a regular programme of talks and visits and we have a large archive of historical documents, maps and photographs.

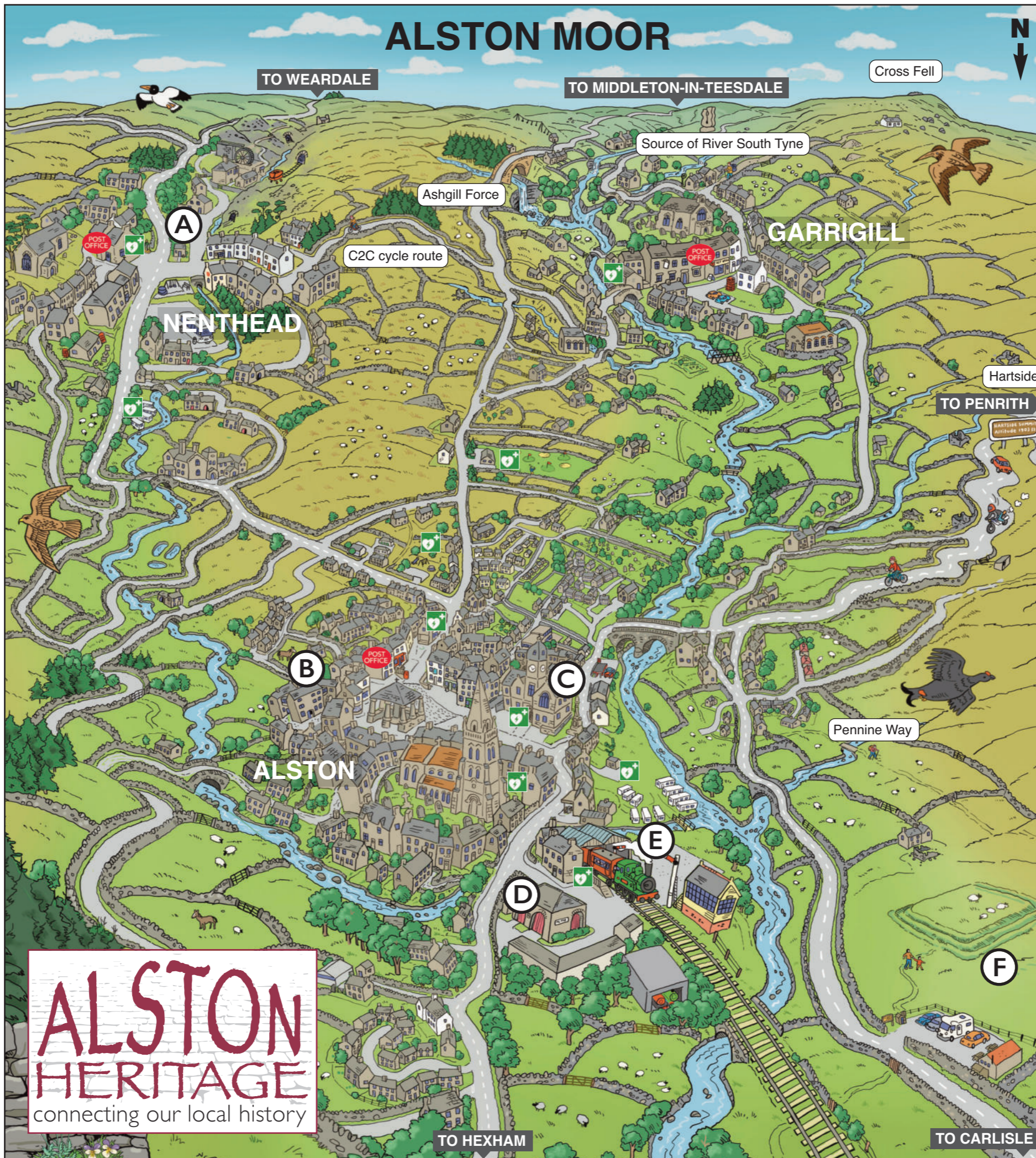
The Archive can be visited in Alston Town Hall, normally every Saturday from 12.00 to 2.00pm, and also explored through the on-line catalogue and digital resources.



alstonmoorhistoricalsociety.org.uk



CA9 3RF



ALSTON HERITAGE
connecting our local history

D THE HUB MUSEUM

The HUB is a transport and heritage museum depicting the past on Alston Moor through a fascinating collection of photographs, artefacts, memorabilia, vintage cars and motorbikes, all loaned or given by local people.

We are located beside the South Tynedale Railway Station in Alston. Our volunteers open the museum on days when trains are running.

So call in to see our collection of Alston's history including vehicles, bikes, agricultural relics, domestic memories, a terrific collection of photographs and much, much more.



alston-hub.org.uk

CA9 3HN

E SOUTH TYNEDALE RAILWAY

Visit the North of England's highest narrow-gauge railway and climb aboard at any of our four stations for a leisurely ride through the South Tyne Valley in the North Pennines National Landscape.

We run trains between Alston and Slaggyford at weekends and on Bank Holidays from April to the end of October.

We also run trains on some weekdays – check our booking calendar for details.



the friendly railway

south-tynedale-railway.org.uk



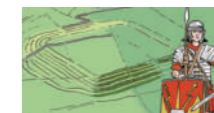
CA9 3JB

F EPIACUM

Visit Epiacum Roman Fort – a landscape rich in history. A Scheduled Ancient Monument on the Maiden Way, an essential supply route to and from Hadrian's Wall.

The fort was constructed with an unusual lozenge shaped layout and has impressive defensive ramparts to the north and west. Wellhouse Bastle houses an exhibition describing the life and times of the Border Reivers and is built with the stone the Romans left behind.

There is no charge to visit the site or access the walks.

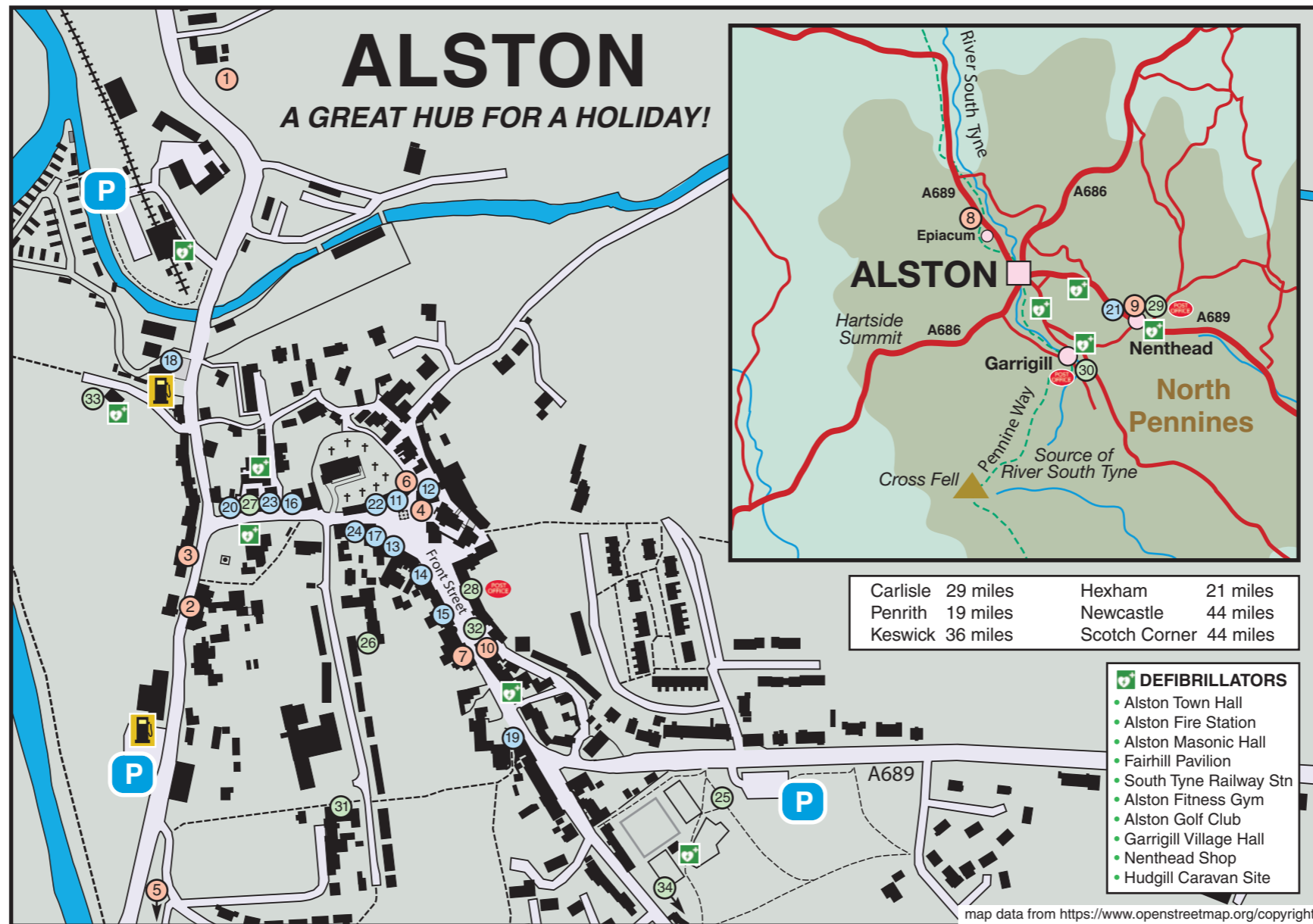


epiacumheritage.org

CA9 3BG

EAT • DRINK • STAY

- 1 LOWBYER MANOR COUNTRY HOUSE**
Grade II listed building with 11 ensuite bedrooms. Cosy well stocked bar with Sky Sports. Dining room and comfortable lounge with beautiful views over the fells.
Hexham Rd, Alston CA9 3JX
01434 381230
stay@lowbyer.com
Please call for bar and dining room opening hours.
- 2 ALSTON HOUSE**
Hotel, restaurant, bar. Relaxed drinking & dining in modern chic surroundings.
CA9 3RN
www.alstonhousehotel.co.uk
alstonhouse2@gmail.com
01434 382200
See website for opening times.
- 3 THE CUMBERLAND INN**
Stunning views across the Tyne Valley, the Cumberland is a fine example of an English Inn. 5 en-suite bedrooms, hearty pub fare and award winning ales await the visitor, with customer service to match. 'Cumbria CAMRA Pub of the Year 2025'. Muddy boots, bikes and pets all welcome. Free Wi-Fi. Townfoot, Alston CA9 3HX
01434 381875
www.cumberlandinnalston.com
Open 7 days a week.
- 4 THE TURKS**
Local pub with real ales. Welcoming atmosphere.
Mon-Sat 3.30pm-11pm, Sun 3pm-11pm
- 5 ALSTON YOUTH HOSTEL**
Independent hostel in a beautiful riverside location, 2 minutes walk from the town. A warm welcome, comfortable private rooms and low cost dorm beds, with hearty meals and a full licence. Perfect for walkers, cyclists and families exploring the local area.
Firs Edge, Alston CA9 3RW
www.alstonhostel.co.uk
01434 381 509
- 6 COBBLES CAFÉ**
Breakfast, light lunches, homemade bakes and cakes. Gluten Free, Vegetarian, Vegan options. Finalists in this years England's Business Awards.
CA9 3HS
07943 694089
Mon-Sun 9am-4pm
- 7 SADDLERS**
Independent bakery and bistro. We produce all our food onsite daily using ethically sourced ingredients.
saddlersbakery.co.uk
saddlersbakeryandbistro@gmail.com
07494 129845
Tues-Sat 10am-3pm
- 8 THE NOOK**
Farmshop & café serving home-made, traditional food and a range of local produce. Dog-friendly. Overnight camper-van parking.
Based at Epiacum Roman Fort, CA9 3BG
Find us on Facebook
Open every day throughout the year, 9am-4pm (high season), 10am-3pm (low season).
- 9 THE HIVE**
A space to refresh and relax, meet and mingle, create and explore, run entirely by volunteers. Explore the stunning, restored Wesleyan Chapel brought back to life with the support of the National Lottery Heritage Fund. Admire this superb restoration with its magnificent organ and period features.
Nenthead CA9 3AF
www.hivenenthead.co.uk
Open for pop up cafés, live music, workshops and other wonderful events. Check website for details.
- 10 WALTER'S CAFÉ & BAR**
Open 7 days a week serving freshly ground coffee, speciality teas, delicious breakfasts, lighter lunches or hearty meals. Dine in or grab a takeaway. Relax with wines, spirits, ales, Hawkstone lager and cider from our fully licensed bar. Hikers, cyclists and dogs always welcome.
waltersalston.com
07535 264164



RETAIL

- 11 MARKET CROSS**
Not your usual high street store. A hidden gem in the heart of England's highest market town.
Market Place, Alston CA9 3HS
marketcrossalston@googlemail.com
01434 382534 or 07903 923300
Mon 10am-4pm, Tues & Wed closed
Thur-Sat 10am-4pm, Sun & BH 11am-3pm
- 12 THE CANE WORKSHOP**
Located in Stokoe House, dating back to 1611. Louise re-canes antique and modern chairs in the traditional way, using only natural rattan cane. Also she sells her Double Gold Award Winning Stokoe House Traditional Seville Orange Marmalade and other preserves here.
www.thecaneworkshop.co.uk
louise@thecaneworkshop.co.uk
Usually open Weds-Fri 10am-4pm
July & August open by appointment
- 13 ALSTON WHOLEFOODS**
Organic, gluten-free, vegetarian and vegan whole foods. Local & organic cheeses, chocolate, wine, beer, bulk and pantry staples, household & eco essentials. Founded 1988.
Market Place, Alston CA9 3QN
info@alstonwholefoods.com
01434 381588
Mon-Sat 9am-5pm Sun 11am-3pm
- 14 DOMINIC RICHARDSON - ART GALLERY**
Original landscape artworks, cards and prints created by applying oils directly with his left hand.
See Facebook for updates or contact dom.j.richardson@gmail.com
- 15 MELLOW YELLOW**
A unique and authentic lifestyle & clothing emporium. Jam-packed with unusual gifts and clothes. Large range of ethical and fair trade products.
Front Street, Alston
01434 382050
Mon-Sat 10am-4pm March-October
Winter opening times vary
- 16 TLC HAIR DESIGN**
Unisex hair salon.
Front Street, CA9 3HU
01434 381640
Tues 9am-3pm,
Weds and Thurs 9am-1pm & 2pm-5pm
Fri 9am-5pm,
Mon, Sat & Sun closed
- 17 HI-PENNINE OUTDOOR SHOP**
Outdoor clothing, footwear and equipment. Always end of lines and bargains on SALE. Selection of giftware including cards, bags and home fragrance.
Market Place, Alston CA9 3QN
01434 381389
Follow us on Facebook Hi-Pennine Outdoor Shop
Mon-Sat 10am-4.30pm
Sun 11am-4pm (summer hours)
- 18 MOREDUN GARAGE**
Quality fuels, garage shop, workshop repairs.
Station Road, CA9 3HZ
01434 381315
Mon-Fri 7am-5.30pm
Sat 7am-5pm, Sun 9am-5pm
- 19 THE SWAN'S HEAD**
Vintage/antique collectables, furniture, textiles and clothing, plus a good range of handmade items made by talented locals.
Townhead, CA9 3SL
swanshead.co.uk
swansheadalston@gmail.com
07867 960665
Mon-Fri 12 noon-5pm, Sat 11am-5pm, Sun 12 noon-4pm
By appointment, and often open earlier than stated above.
- 20 MAD HATTERS HARDWARE**
An independent Aladdin's cave of everything you need for your home and garden. We pride ourselves on our keen prices and helpful service.
2 Front Street, CA9 3HU
Mon-Fri 9am-5.30pm, Sat 10am-4pm, BH 10am-2pm
- 21 NORTH PENNINE CYCLES**
High quality repairs, parts and spares, accessories and more. In fact, anything cycle related! Call-out available.
Nenthead CA9 3PF
07919 516113
01434 381324
Open every day 8am-6pm
- 22 KEARTON HOUSE ART GALLERY**
Tracey Taylor: abstracts and landscapes.
www.traceytaylorart@aol.com
Sophie Zie-Carreras: portraits and botanicals
www.sophiespetportraits.com
Market Place, CA9 3HS
Tues-Sat 10am-4pm,
opening times may vary.

- 23 ROOM AT THE TOP**
A recently opened boutique with a focus on sustainability. A curated collection of locally designed and made products. Clothes, jewellery, accessories and ceramics made in Alston or the UK.
Tuesday - Saturday 11am-4pm. Closed Sun and Mon.
- 24 ALSTON PHARMACY**
Prescriptions, over the counter medicines, plus Pharmacy First, cosmetics etc.
Front Street, Alston
01434 381259
Mon, Wed, Thurs, Fri 9am-5.30pm
Tues, Sat 9am-12.30pm Closed Sun and BH

OTHER

- 25 FAIRHILL RECREATION GROUND**
Assigned in 1899, to and for the benefit of leisure and recreation for the people of Alston.
CA9 3QL
Always open
- 26 ALSTON COMMUNITY GARDEN**
Enjoy the peace. The Community Garden is for everyone!
Grisedale Croft, Church Road, Alston
alstoncommunitygarden@gmail.com
Always open
- 27 THE CHAT ROOM**
A friendly place to have a cuppa and a chat.
Front Street, Alston
Mon-Fri 11am-12 noon
- 28 ALSTON POST OFFICE**
Front Street, Alston CA9 3HP
Mon-Fri 9am-1pm, 2pm-5pm, Sat 9am-12 noon. Closed Sun
- 29 NENTHEAD POST OFFICE AND COMMUNITY SHOP**
Vicarage Terrace, Nenthead, Alston CA9 3PL
Shop: Mon-Fri 8am-4pm, Sat 8am-3pm, Sun 9am-2pm
Post Office: Mon-Fri 8.30am-1pm, Sat and Sun closed
- 30 GARRIGILL POST OFFICE AND SHOP**
Garrigill, Alston CA9 3DS
Mon-Fri 9am-4pm, Sat 9am-12 noon
- 31 ALSTON MEDICAL PRACTICE**
The Surgery, Cottage Hospital, Alston CA9 3QX
01434 381214
Mon, Wed, Fri 8am-6.30pm, Tues and Thurs 8am-5pm
- 32 AGE UK CHARITY SHOP**
Hatters House, Front Street, Alston CA9 3SE
01434 396103
Mon, Tues, Thurs, Fri, Sat 10am-4pm, Wed 10am-1pm
- 33 ALSTON FITNESS**
The highest gym in England, where strength meets serenity. Open 24/7 to members.
Daily/weekly/monthly & annual memberships available.
www.alstonmoorfitness.co.uk
- 34 ALSTON MOOR GOLF CLUB**
The highest golf course in England at 1476 feet, offers a friendly membership ideal for golfers of all abilities, who enjoy playing the game.
Open on Competition days, Saturday 7.30am-18.00pm and Sunday 7.30am-18.00pm
www.alstonmoorgolfclub.org.uk

These long-distance trails pass through Alston Moor:
The Pennine Way • Isaac's Tea Trail • South Tyne Trail
C2C Cycle Route • Wainwright's Pennine Journey
Westmorland and Furness Way • Roof of England Walk

ALSTON HERITAGE

is supported by
ALSTON MOOR PARISH COUNCIL
ALSTON MOOR PARTNERSHIP
WESTMORLAND AND FURNESS COUNCIL

Design and artwork by Paul & Judy Johnson pjgraphics@btinternet.com
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admin@alstonheritage.org.uk